



Building Confidence through Drama



Skills Development Course

Great opportunity to build confidence and improve communication through drama, expression and creativity.

Aim: To build an all-inclusive environment where participants can gain confidence and skills in communication through diverse forms of drama and theatre techniques.

A weekly course over 12 months where you will explore:

- Understanding yourself and others
- Expressing emotions
- Telling a story
- Being an active team member

This course is for you if you:

- Are over 18 years of age
- Have a disability
- Want to build your skills in communication and expression

Run by **Zya Kane**, a professional director and facilitator in theatre performance

What funds you need?

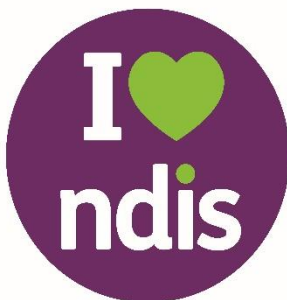
- Funding in your NDIS plan for Skills Development (2.5 hours a week for 40 weeks)
- You will also need to pay a \$5 activity fee a week from your own money

When?

- Weekly on a **Thursday** for 12 months
- 9:30 a.m. – 12:00p.m. **OR** 12:30 p.m. – 3:00 p.m.
- Commencing **Thursday 28 February 2019**

Where?

The Leinster Grove, Bridge Community Arts Hub
99 Leinster Grove, Thornbury



For more information and to express your interest please contact:
jenny@catalysttds.com.au or phone **03 9858 3014**